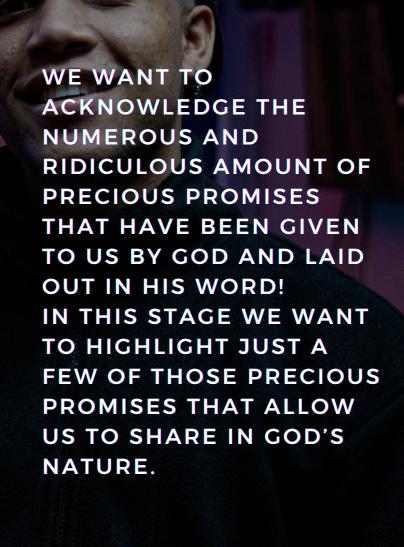


STAGE 2 PROMISES, PROMISES, PROMISES WALLEY STORY DISCIPLING THE INDIVIDUAL THE INDIVIDUAL DISCIPLING









"BUT THE FRUIT OF THE SPIRIT IS
LOVE, JOY, PEACE, FORBEARANCE,
KINDNESS,
GOODNESS, FAITHFULNESS,
GENTLENESS AND SELF-CONTROL.
AGAINST SUCH THINGS THERE IS NO
LAW." IT IS NO LONGER US WHO LIVES
BUT INSTEAD CHRIST WHO LIVES
WITHIN US. BEFORE WE LIVED IN THE
FLESH AND SINFUL NATURE, BUT
THROUGH THE SACRIFICE OF JESUS
(WHO BECAME SIN SO THAT WE MIGHT
BECOME THE RIGHTEOUSNESS OF
GOD)

WE CAN CLOTHE OURSELVES IN GOD'S PROMISES, KNOWING THAT THESE ARE TRANSFORMATIVE TRUTHS THAT SHOULD CHANGE OUR WHOLE LANDSCAPE OF THINKING. WE SHOULD PRAYERFULLY THINK ABOUT EACH FRUIT THAT IS YIELDED THROUGH THE SPIRIT AND OUR POSTURE OF FAITHFUL OBEDIENCE AND HUMILITY TOWARDS THESE TRUTHS.



LOVE
MATTHEW 22:39

"LOVE YOUR NEIGHBOUR AS YOU LOVE YOURSELF." IT IS IMPORTANT THAT YOU UNDERSTAND HOW TO LOVE YOURSELF, AS THAT WILL BE THE LITMUS TEST FOR HOW YOU LOVE OTHER PEOPLE. FOR EXAMPLE, YOU MUST ACKNOWLEDGE THAT YOU ARE A SINNER SAVED BY GRACE, BUT YOU ARE LOVED BY GOD, YOUR IDENTITY IS ROOTED IN GOD AND IN HIM ALONE. YOUR BODY IS A LIVING SACRIFICE THAT BELONGS TO GOD.

OUR MINDSET IS OFTEN SELFISH, THAT IT IS ALL ABOUT US AND HOW WE CAN MEET OUR NEEDS, BUT JESUS GRANTED TO US HIS PRECIOUS AND VERY GREAT PROMISES, SO THAT THROUGH HIM WE BECOME PARTAKERS OF THE DIVINE NATURE."

**GALATIANS 5** 

"BUT THE FRUIT OF THE SPIRIT IS LOVE, JOY, PEACE, FORBEARANCE, KINDNESS, GOODNESS, FAITHFULNESS, GENTLENESS AND SELF-CONTROL. AGAINST SUCH THINGS THERE IS NO LAW."



JOY NEHEMIAH 8:10 "THE JOY OF THE LORD IS MY STRENGTH." JOY IS A CHOICE: LIKE ALL THE FRUITS, WE MUST MAKE A **DECISION AS TO WHETHER** WE ARE GOING TO ALLOW SIN, GUILT, SHAME, STRESS, WORRY, FEAR AND **DEPRESSION DICTATE OUR** LIVES. OR WE CAN ACTIVELY WALK IN WHAT GOD HAS FOR US AND ACKNOWLEDGE THE HOPE AND PROMISES GIVEN TO US THAT BRING A JOY AND PEACE WHICH TRANSCENDS EVERY **CIRCUMSTANCE!** 





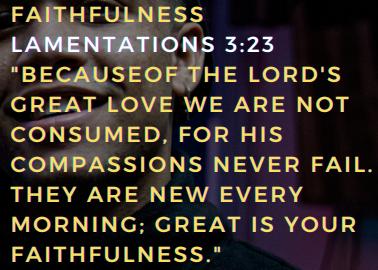




GOODNESS **ROMANS 15:14** "I MYSELF AM CONVINCED, MY **BROTHERS AND SISTERS.** THAT YOU YOURSELVES ARE FULL OF GOODNESS. FILLED WITH KNOWLEDGE AND COMPETENT TO **INSTRUCT ONE ANOTHER." WE ARE** SINFUL TO THE CORE, IN OTHER WORDS WE BRING NOTHING TO THE TABLE **BUT OUR NEED! OUR GOODNESS IS FOUND IN JESUS. IT STARTS WITH JESUS AND IT IS ONLY IN JESUS THAT WE CAN BE** GOOD.







FIDELITY AND COMMITMENT ARE SO IMPORTANT, IN ALL RELATIONSHIPS WE SHOULD SEEK TO REMAIN STEADFAST WITH PEOPLE, ALWAYS BEING THERE FOR THEM NO MATTER WHAT. IN EQUAL MEASURE, WE SHOULD LONG TO BE COMMITTED TO GOD AND WHAT HIS WORD HAS TO SAY ON EVERY ASPECT OF OUR LIVING.

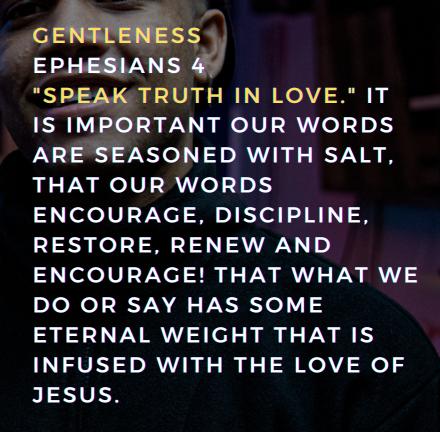


MILIEUM

**PATIENCE ECCLESIASTES 7:8** "THE END OF THE MATTER IS **BETTER THAN THE BEGINNING, AND PATIENCE** IS BETTER THAN PRIDE." WE NEED TO ENSURE THAT WE ARE NOT DICTATED BY CIRCUMSTANCE, NOR THE ACTIONS OF PEOPLE. **INSTEAD WE REMAIN** PRUDENT AND CALM, GIVING **SOFT ANSWERS THAT TURN** AWAY WRATH, IF WE THINK **ABOUT JESUS. HOW MANY** TIMES WERE HIS DISCIPLES **INCOMPETANT? HOW INCOMPETANT ARE WE? YET** JESUS ALWAYS HAD TIME FOR PEOPLE, LISTENING AND WALKING WITH PEOPLE WHERE THEY WERE.

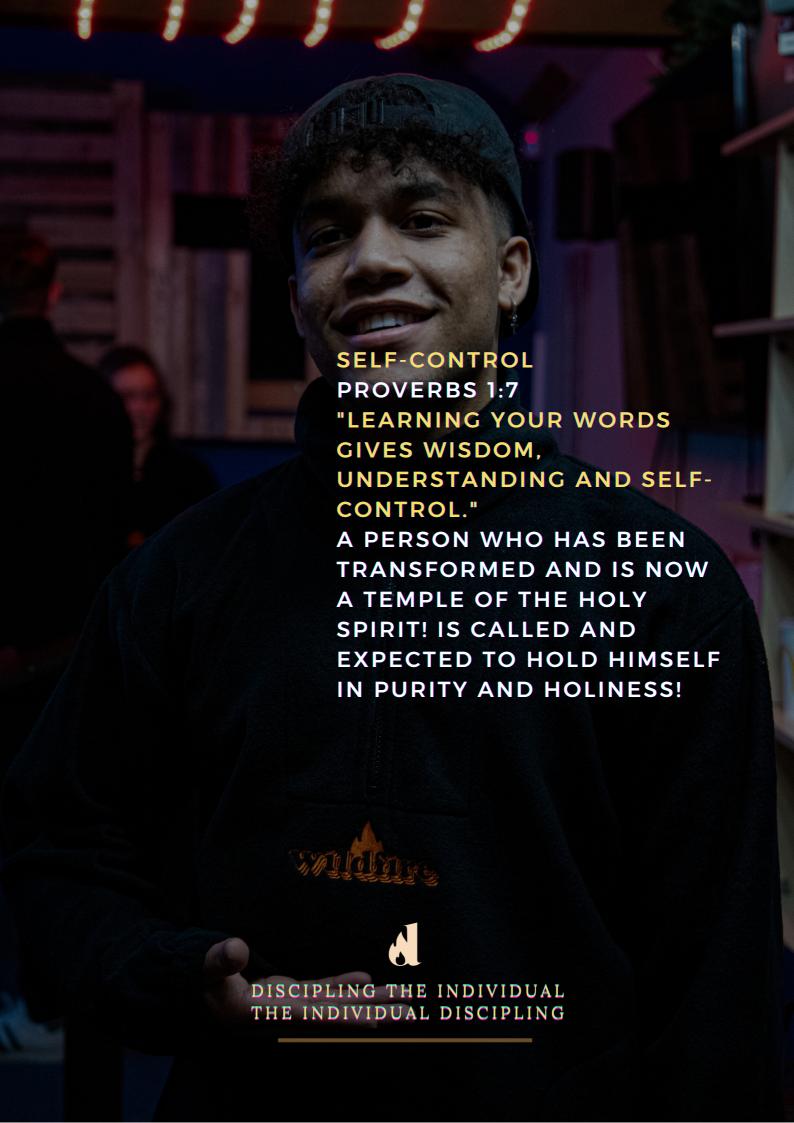












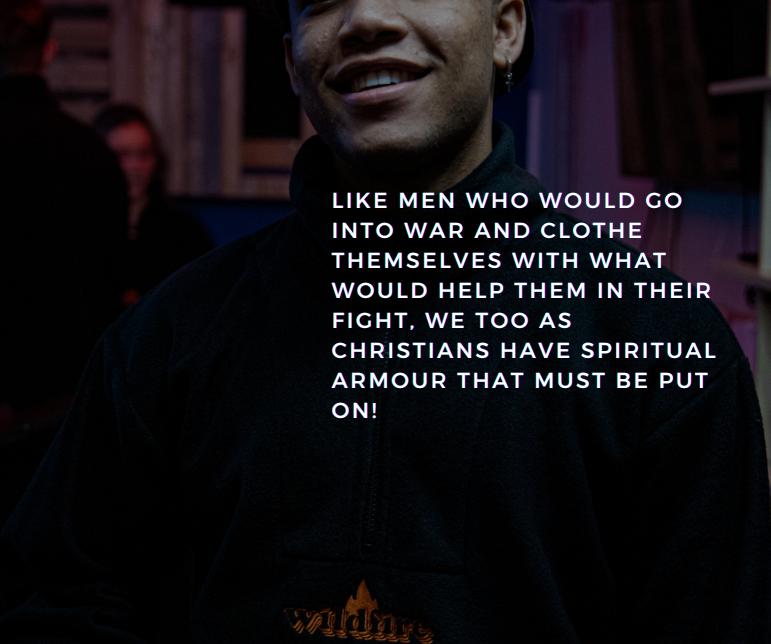
1 THESSALONIANS 4:3-8 "FOR THIS IS THE WILL OF GOD. YOUR SANCTIFICATION: **IB1 THAT YOU ABSTAIN FROM SEXUAL IMMORALITY:** THAT EACH ONE OF YOU **KNOW HOW TO CONTROL HIS** OWN BODY[C] IN HOLINESS AND HONOR, NOT IN THE PASSION OF LUST LIKE THE **GENTILES WHO DO NOT KNOW GOD: THAT NO ONE** TRANSCRESS AND WRONG HIS BROTHER IN THIS MATTER. **BECAUSE THE LORD IS AN AVENGER IN ALL THESE** THINGS. AS WE TOLD YOU BEFOREHAND AND SOLEMNLY WARNED YOU. 7 FOR GOD HAS **NOT CALLED US FOR IMPURITY. BUT IN HOLINESS.8** THEREFORE WHOEVER **DISREGARDS THIS. DISREGARDS NOT MAN BUT** GOD. WHO GIVES HIS HOLY SPIRIT TO YOU."

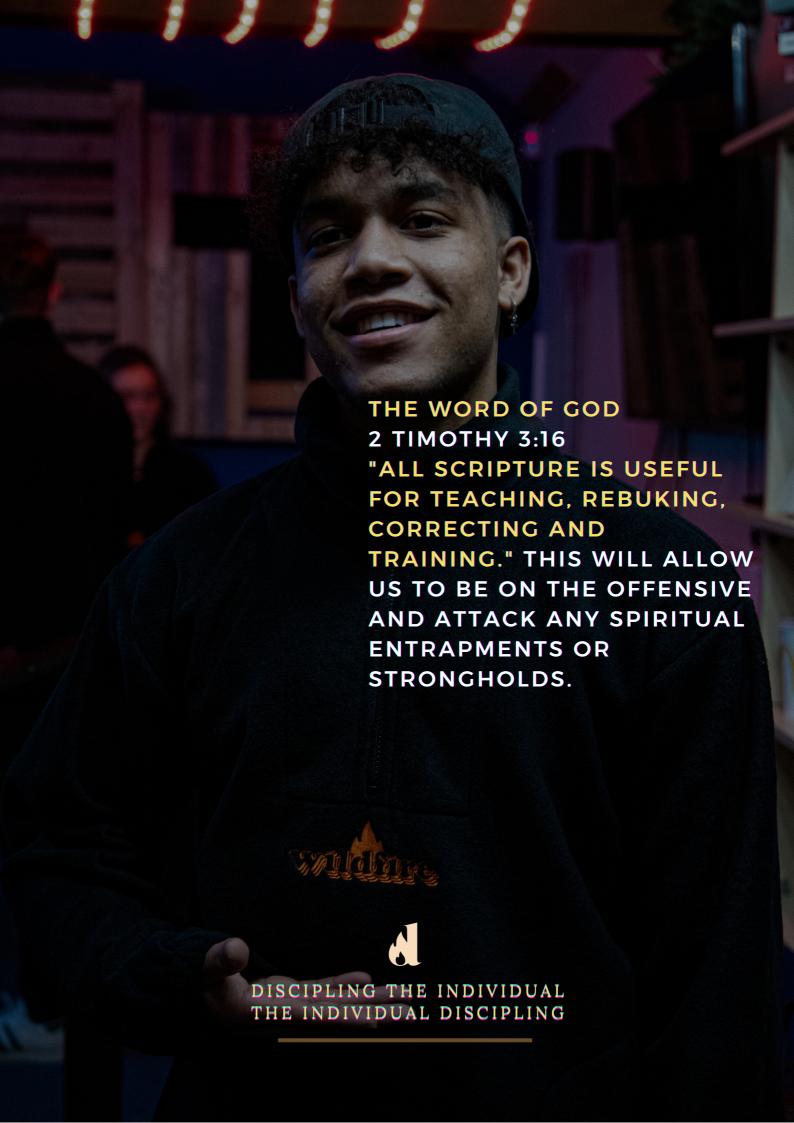


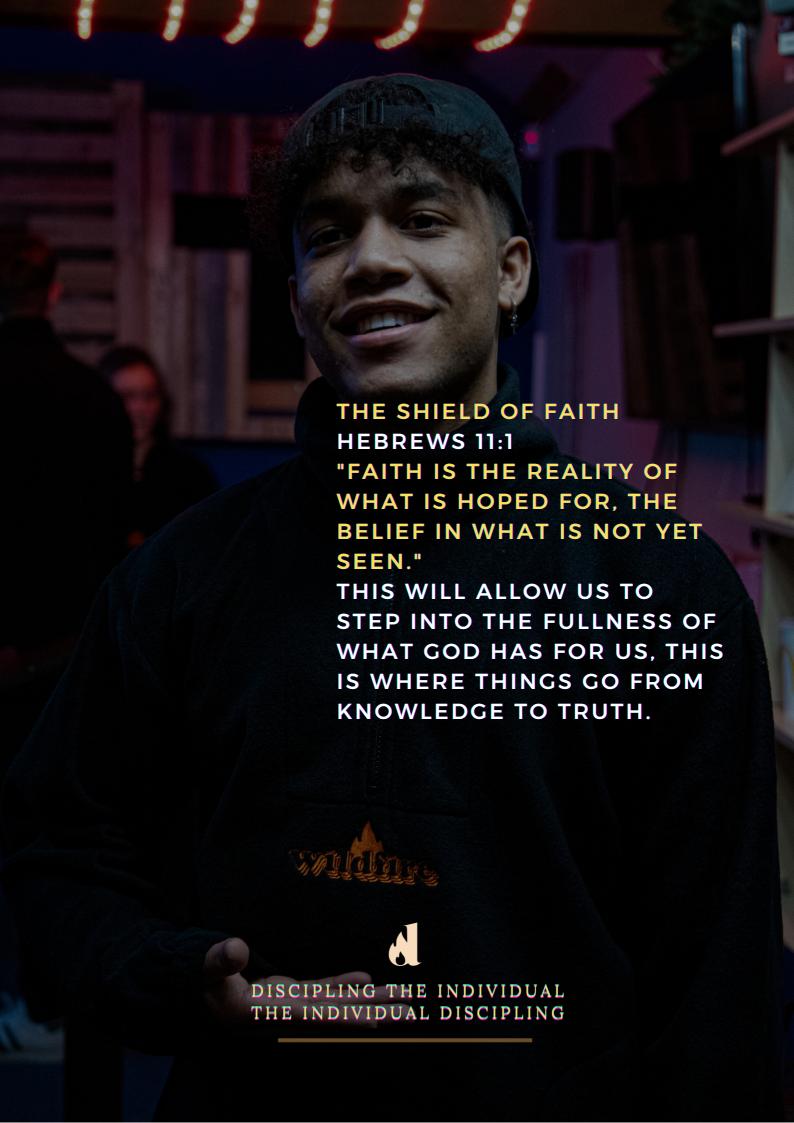
THE ARMOUR OF GOD EPHESIANS 6 "THEREFORE PUT ON THE FULL ARMOR OF GOD, SO THAT WHEN THE DAY OF EVIL COMES, YOU MAY BE ABLE TO STAND YOUR GROUND, STAND FIRM THEN, WITH THE BELT OF TRUTH BUCKLED AROUND YOUR WAIST, WITH THE **BREASTPLATE OF RIGHTEOUSNESS** IN PLACE. AND WITH YOUR FEET FITTED WITH THE READINESS THAT COMES FROM THE GOSPEL OF PEACE, IN ADDITION TO ALL THIS. TAKE UP THE SHIELD OF FAITH. WITH WHICH YOU CAN EXTINGUISH ALL THE FLAMING ARROWS OF THE EVIL ONE. TAKE THE HELMET OF SALVATION AND THE SWORD OF THE SPIRIT. WHICH IS THE WORD OF GOD."



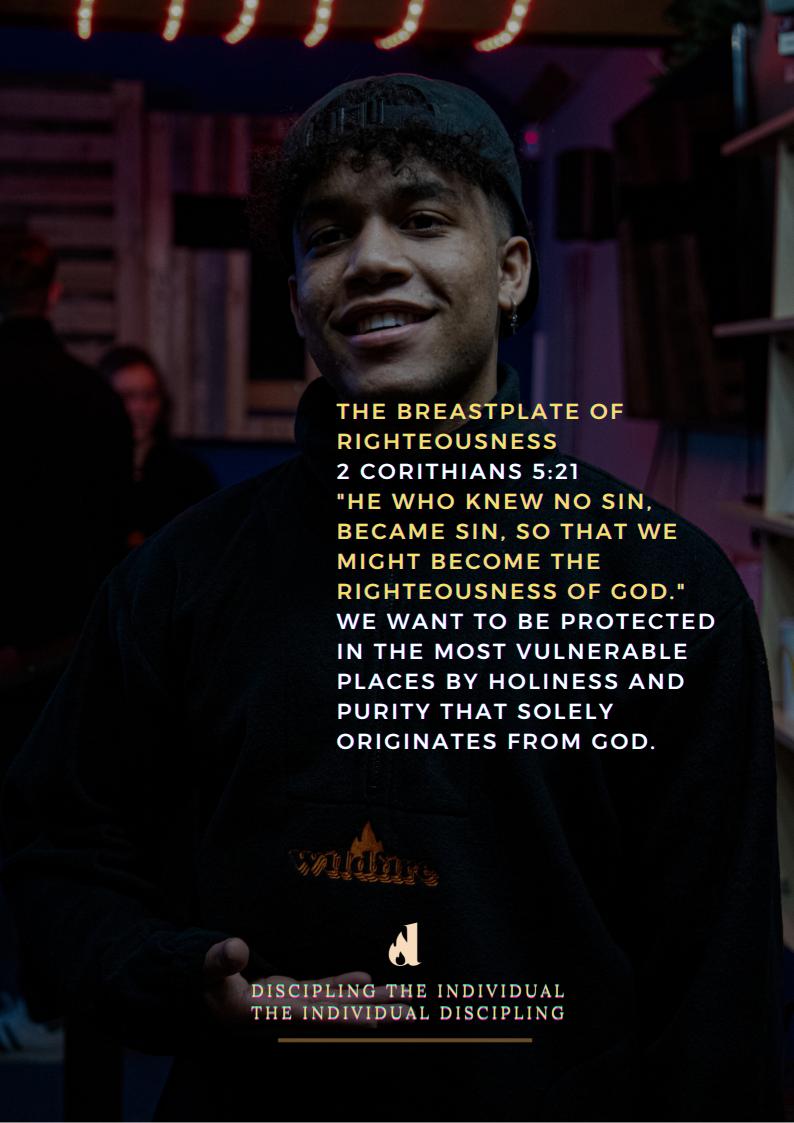


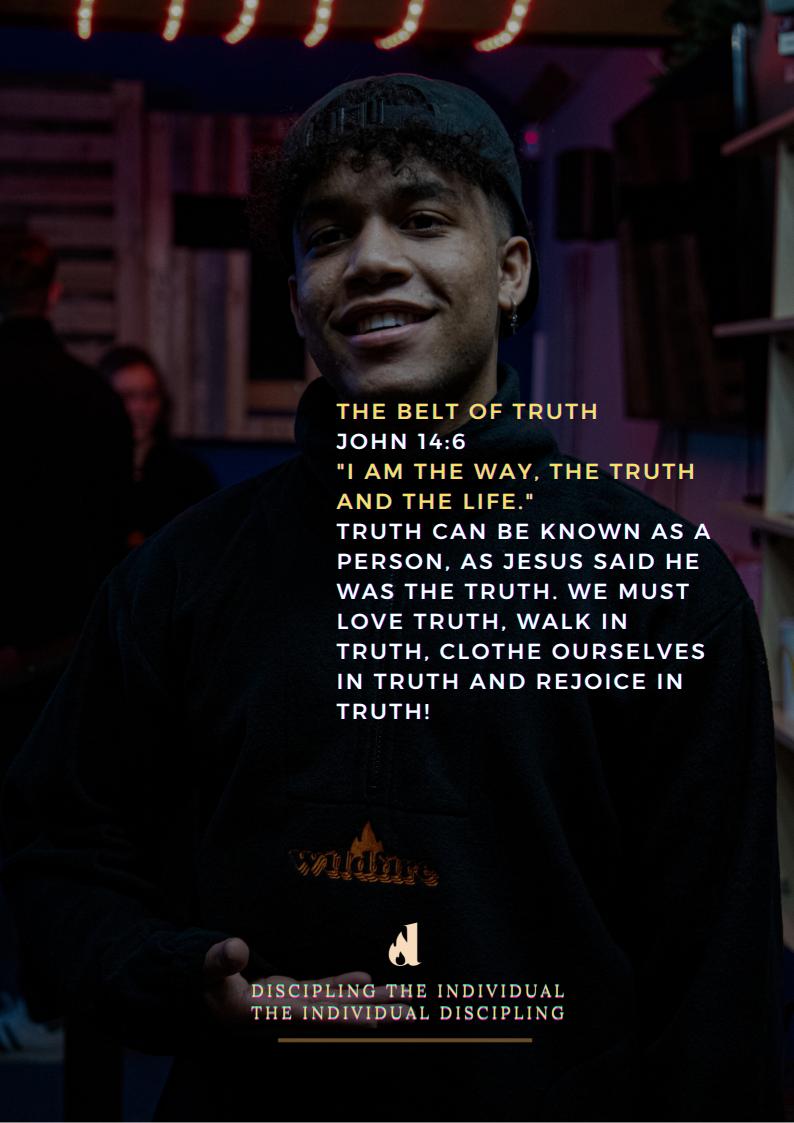














THE BIBLE TEACHES IN WE ARE SON'S AND DAUGHTER'S OF THE GOD OF THE UNIVERSE!

THE BIBLE TEACHES IN 1
CORINTHIANS 6, "DO YOU NOT
KNOW THAT YOUR BODY IS A
TEMPLE OF THE HOLY SPIRIT," OUR
BODY IS A LIVING SACRIFICE AND
SHOULD REFLECT COMPLETE
OBEDIENCE TO GOD.

THE BIBLE TEACHES IN 2
CORINTHIANS 5 THAT WE ARE "NEW
CREATURES," THE OLD HAS PASSED
AWAY, BEHOLD EVERYTHING IS
NEW! YOU CANNOT LIVE BY WHO
YOU WERE IN THE PAST, AS CHRIST
HAS MADE YOU SOMETHING NEW!

WE SHOULD REALLY CONSIDER WHAT THE ABOVE SAYS, REFLECT AND TALK ABOUT WHAT THIS MEANS AND HOW THIS CAN BE EXPRESSED IN OUR LIVES.





I HAVE LISTED JUST A FEW PROMISES AND TRUTHS THAT WE CAN EQUIP OURSELVES WITH, BUT THIS IS IN NO WAY AN EXHAUSTIVE LIST! IN EPHESIANS 2 IT SAYS THAT WE HAVE BEEN PLACED IN THE HIGHEST COMPANY WITH JESUS!
WE NEED TO UNDERSTAND AND MEDITATE ON THE GRAVITY OF THESE TRUTHS UNTIL THEY LITERALLY TRANSFORM EVERY BREATH, THOUGHT, ACTION AND

THIS WILL REQUIRE
DISCIPLINE, COMMITMENT AND
FAITHFULNESS.

RELATIONSHIP THAT WE HAVE.





